

"For we are the handiwork of God, born in Christ Jesus to do good works that God has pre-planned for us to do"
Ephesians 2:10



St Stephen's CE Primary School

PE

Curriculum Intent and Unit Progressions

Intent Statement

At St. Stephen's we intend to provide a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It will also provide opportunities for pupils to support their health and fitness. We intend to provide a wide range of physical activities each year through specialist teaching in dance; gymnastics; target games; fielding and striking games; swimming; target games; net/wall games and invasion/territory games. Through these opportunities, we aim to build the notion of resilience, persistence, concentration, fairness and respect. Our curriculum has been devised to encourage pupils to be physically active, for sustained periods, and engage in competitive sports and activities.

EYFS

During the Foundation Stage, the focus is on developing fine and gross motor skills. We follow the Five Fundamental Movement Skills developed by Lancashire Advisory Service in order to achieve this. These skills, along with opportunities to develop a wider range of physical skills, will ensure they are ready for the KS1 PE curriculum.

KS1

During this phase, children will carry out a baseline of Ten Fundamental Movement Skills as they enter KS1. From this baseline, the PE curriculum will be adapted to address areas that children are less proficient in and up-level their progress. Over these two years, children will continue to develop the children's FMS, especially their weaker ones and teachers will teach children *how* to apply these skills in a context. The children will develop their knowledge of simple tactics in game activities and create simple sequences of movement in gymnastics and dance. At the end of KS1, the children will be assessed again, and the impact seen in their progress through the FMS. After which, this information will be shared with their Year 3 teachers.

LKS2

During Years 3 and 4, children will improve their attacking skills in games through a range of different sports and activities. These skills will then be taught using uneven sides (3 v1, 4v2). Children will also develop their knowledge of simple attacking tactics, which are transferable across similar categories of games (target, invasion, net/wall, striking and fielding) In dance and gymnastics units, children will develop their performance and sequencing skills.

UKS2

During Year 5 and 6, children will build on their attacking skills whilst working as a team, and develop their knowledge of defending strategies. These will be delivered through modified versions from uneven to even sides (5v3, 5v4, 4v4, 5v5 etc.). In gymnastics and dance, the children will build upon their knowledge of performance and compose longer sequences of work with a partner or group.

PE Overviews

Key Stage 1 Cycle A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit title	Base line unit of lost and found	Year 1 FMS Rolling a ball	Year 1 FMS Catching and bouncing a ball	Year 1 FMS Underarm throw	Year 1 FMS Overarm throw	Y2 FMS assessment
Unit title	Gymnastics activities Unit 1	Dance The Great Fire of London	Dance Toy Story	Year 1 Gymnastic activities 2	Year 1 Athletics Honey Pot	Y2 Athletics

Key Stage 1 Cycle B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit title	Baseline Unit – Supertato	Y2 Games - Piggy in the middle core task	Year 2 Gymnastics	Year 2 Net/wall Games	Y2 Athletics	Year 2 dance
Unit title	Year 2 OAA The Great Outdoors	Dance 3 Little Pigs	Y2 Dance – Moving along	Y2 Striking and Fielding	FMS Catch up	Y2 FMS Assessments

LKS2 Cycle A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit title	Y3 OAA Trust and Trails	Y3 Invasion Games Netball	Y3 Invasion games Handball	Y3 Invasion Games Rugby	Y3/4 Athletics	Y ¾ Creative Games Tag and Target
Unit title	Year 3 Gymnastics	Y3 Gymnastics 2	Y3 dance Rock and Roll	Y4 Dance Sparks Mght Fly	Y4 Dance The Great Plague	Y4 Net Wall Core Task 1

LKS2 Cycle B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit title	Y3/4 OAA Team Work and Problem solving	Invasion games basket ball	Year 4 Invasion Games Handball	Year 4 Invasion games – rugby	Year ¾ Target Game Boccia	Year ¾ Striking and Fielding
Unit title	Y4 Gymnastics 1 activities	Year 4 gymnastics 2	Year ¾ Target games - dodgeball	Y4 Dance Superheroes	Year ¾ Net Wall games – Core Task 2	Year ¾ Athletics

UKS2 Cycle A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit title	Y5 OAA Orienteering	Y5/6 Invasion Games - hockey	Y5/6 Invasion Games Rugby	Year 5/6 Invasion	Year 5/6 Net Wall Games	Year 5/6 Striking and

				games Netball		Fielding Cricket
Unit title	Y5 Dance - Earthlings	Year5 gymnastics activity 1	Year 5 Gymnastics 2	Year 5 Dance – Robin Hood	Year 5/6 dance Food Glorious Food	Athletics

UKS2 Cycle B	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit title	Y6 OAA	Year 5/6 Badminton	Year 5/6 Invasion Games Rugby 2	Year 6 Creative Games	Year 5/6 Striking and Fielding Rounders	Athletics
Unit title	Year 5/6 Dance Heroes and Villains	Year 5/6 hockey	Year 6 Gymnastics 1	Year 6 Gymnastics 2	Year 5/6 Dance – The highway Man	Year 5/6 Dance – The seaside