

Work Clubs

Work clubs are a friendly and free service run by local community organisations, who offer support with CV writing, job searches, job application forms and interview techniques.



- Monday: St Matthew's Mission - 01772 446913
- Tuesday: PUKAR - Disability Resource Centre - 01772 822700
- Wednesday: Community Gateway Association - 0800 953 0213
- Thursday: CAP Job Club - 07542 736095
- Friday: Sahara Bilingual work club - 01772 702090
- Friday: Intact - 01772 760760
- Monday - Friday: Preston Muslim Forum - 01772 889431

Warm Spaces

Lancashire County Council are opening their libraries up as warm spaces.



- Fulwood Library - 0300 123 6703
- Ingol Library - 0300 123 6703
- Savick Library - 0300 123 6703
- Sharoe Green Library - 0300 123 6703
- Preston Harris Library (Guild Hall) - 01772 905414

Money Advice

Need advice on managing your money?



- Debt Advice - 01772 906838
- Household Support Fund - 01772 906777 ▲
- Clevr Money Credit Union - 01253 478390 ▲



Are you worried about rising costs and paying your bills this winter?



There is help available at
www.helpinpreston.com or call 01772 906900

In person at our One Stop Shop, Town Hall reception, Lancaster Road, Preston

The cost-of-living crisis is affecting us all, as we face a serious reduction in living standards due to rising costs including fuel, energy bills and food.

We know many people are worried about how they are going to make ends meet. Our hub aims to show you how to access a range of advice and support from local services, so you can find the help you need.

KEY

- Lancashire County Council
- Independent Organisations
- Preston City Council
- Central Government

- ▲ If eligible you need to apply for this
- ▲ If eligible you will receive it automatically



For more information
on eligibility and
how to apply visit
www.helpinpreston.com
or call 01772 123456

Energy Bills

There is help available for your energy bills.

- Energy Price Guarantee ▲
- Energy Bill Support Scheme ▲
- Winter Fuel Payment ▲
- Cold Weather Payment ▲
- Warm Homes Discount Scheme ▲
- Council Tax Energy Rebate - 01772 906902 ▲
- Cosy Homes in Lancashire - 03306 061488 ▲
- Household Support Fund - 01772 906777 ▲



Council Tax

Contact ctax@preston.gov.uk or benefits@preston.gov.uk to see if you are entitled to any reductions, discounts or exemptions on your council tax.



- Council Tax Support - 01772 906903 ▲
- Exceptional Hardship - 01772 906903 ▲
- Council Tax Energy Rebate - 01772 906902 ▲
- Council Tax Discount - 01772 906902 ▲

Housing

Improving the energy efficiency of your home can reduce your fuel bills. To check if you are eligible for any grants or to get advice please visit www.chil.uk.com
Freephone 0330 6061488



If you are worried about becoming homeless, need help finding a home or landlord/tenant advice call 01772 906412

Food

If you have no food and no money to buy any, you may be eligible for an emergency food parcel.



- Household Support Fund - 01772 906777
- Luv Preston - 01772 298107
- Preston Community Hub - 07517 339887
- Salvation Army - 01772 555425
- Share IT - 07545 277779
- Sahara in Preston - 01772 70209
- Penwortham Food Bank
penworthamfoodbank@gmail.com