"For we are the handiwork of God, born in Christ Jesus to do good works that God has pre-planned for us to do"

Ephesians 2:10



St Stephen's CE Primary School

PE Curriculum Implement Statement And Progression Documents

Implement Statement

At St. Stephen's we implement our Physical Education curriculum using the Lancashire Passport for PE App. PE lessons are structured using the advice and support of Lancashire PE specialists via this App, because everything we need is of a high standard and easily accessible. Teachers are able to follow lessons for their year group and adapt them for appropriate progression in line with the skills required for their year group and those above and below. Differentiation is applied to PE lessons through teacher assessment at the time of the lesson, and groups can be switched around mid- session to account for growing ability and skills being demonstrated. As children master relevant skills, they are encouraged to use them in game situations at the appropriate level of skill acquisition.

Children experience both indoor and outdoor PE lessons on a weekly basis and, where appropriate, cross-curricular links are encouraged. For example - testing heart rates in science. Competition is encouraged through class games, school events such as sports day and the opportunity to compete on a school-to-school level through our network links and after school clubs.

Where possible we invite experts into school to support the teaching of physical education. We are fortunate to be inked with Preston North End Football Club, who provide lessons for our children, the Sports Partnership at Christ the King High School and Preston Hockey Club as well as links to The University of Central Lancashire.

Swimming is statutory for all pupils, usually in Year 4. Catch-up swimming, for those who do not meet the expected standards, is then offered in Years 5 and 6 as appropriate.

The Lancashire Passport for PE is not publishable on our website. Any questions about this app and its contents can be directed to our PE subject Leader.

Progressions in Physical Development in EYFS

	ELG Physical dev	relopment			
	- Negotiate space and obstacles safely, with consideration for themselves				
	and others	5 ;			
	- Demonstrate strength, balance and	•			
	- Move energetically, such as running, jum				
	and climbir				
	Nursery Reception				
Progression	Continue to develop their movement, balancing, riding (scooters, trikes and bikes) and ball skills. Go up steps and stairs, or climb up apparatus, using alternate feet. Skip, hop, stand on one leg and hold a pose for a game like musical statues. Use large-muscle movements to wave flags and streamers, paint and make marks.	Revise and refine the fundamental movement skills they have already acquired: • rolling • crawling • walking • jumping • running • hopping • skipping • climbing			
	Start taking part in some group activities which they make up for themselves, or in teams. Increasingly be able to use and remember sequences and patterns of movements which are related to music and rhythm.	Progress towards a more fluent style of moving, with developing control and grace.			
	Match their developing physical skills to tasks and activities in the setting. For example, they decide whether to crawl, walk or run across a plank, depending on its length and width.	Develop the overall body strength, co- ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming.			
		and fluency. Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. Develop overall body-strength, balance, co-ordination and agility.			
		Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming. Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.			

These will be delivered through the Lancashire Scheme of Work

Progressions in Dance KS1

	Year 1	Year 2			
Aim of dance	 make movements. They create and restimulus and themes. Children think about how to use move ideas, issues and their own emotions A range of subjects including some based. 	 make movements. They create and repeat short dances inspired by different stimulus and themes. Children think about how to use movement to explore and communicate their ideas, issues and their own emotions A range of subjects including some based on different times and cultures can be used. They will also create short dances individually and also create and perform with a 			
Progression	Perform fundamental skills at a developing level Perform basic body actions with control and show some sense of dynamic, expressive and rhythmic qualities in their own dance.	Perform fundamental skills at a developing level and start to master some movements Perform body actions with control and coordination Perform short dances showing an understanding of expressive qualities			
Developing skills	Copy and explore basic body actions from a range of stimuli (words, poetry, pictures, sounds, objects) Travel, turn, Jump, Gesture, Stillness Copy simple movement patterns Show and tell using body actions to explore moods, ideas and feelings Vary speed, strength, energy and tension of their movements.				
Application of skills	Choose movements to make their own simple dance phrase with beginning, middle and ending Practice and repeat these dance phrases so they can be performed in a controlled way. Choose and link actions that express a mood idea or feeling.	Choose movements to make their own simple dance phrase with beginning, middle and ending Practice and repeat these dance phrases so they can be performed in a controlled way. Choose and link actions that express a mood idea or feeling. Remember and repeat movements showing greater control, co-ordination and spatial awareness.			
Character Education	Resilience, co-cooperation, Encouragement, Responsibility, Respect, Empathy				

Progressions in Dance KS2

	Year 3	Year 4	Year 5	Year 6	
Aim of educational dance	creating, adapting and linking a range of dance actions. They create characters and narrative through dance These are inspired by a variety of subjects, including some traditional, social and historical dances. They work with a partner and in small groups, developing their ability to create, perform and appreciate dance. Children can link phrases of movement fluently and with control		Children learn different styles of dance and focus on dancing with other people. They create, perform and watch dances in a range of styles, working with partne		
Progression of performance skills	Perform freely, translating ideas from a stimulus into movement using dynamic, rhythmic and expressive qualities clearly and with control	Perform dances clearly and fluently, and show sensitivity to the dance idea and accompaniment	Perform different styles of dance clearly and fluently; adapt and refine the way they use weight, space an rhythm in their dances to express themselves in the	Perform dances fluently and with control and can perform to an accompaniment expressively and sensitively.	
Develop performing skills	To perform dances expressively, using a range of performance skills To perform dances with an awareness of rhythmic, dynamic and expressive qualities on their own, with a partner and in a group To perform more complex dance phrases that communicate character and narrative To perform in a whole class performance				
Application of performing skills	To create movement using a stimulus To explore and improvise ideas for dance in different styles, working on their own, with a partner or a group. To create and link dance phrases using a simple dance structure or motif To use simple choreographic principles to create motifs To compose dances by using, adapting and developing steps, formations and patterning from different dance styles To explore, improvise and combine movement ideas fluently and effectively.				

Appreciation	To talk about how they might improve their dances. To describe and evaluate some of the compositional features of dances performed
	with a partner and in a group To understand how a dance is formed and performed To evaluate, develop and refine their own and others' work
Character education	Resilience, co-cooperation, Encouragement, Responsibility, Respect, Empathy

Progressions in Gymnastics KS1

	Year 1	Year 2
Aim of Gymnastics	Children will investigate movement, stillness are explore basic gymnastic actions on the floor and remember and repeat, short movement phrase roll/ shape) actions. Children use their skills and agilities individually aim of showing as much control and precision is	nd using apparatus. They copy or create, es of like (2 jumps/ 2 rolls) and unlike (jump/ y, in combination and in sequence, with the
Progression of performance Skills	Perform fundamental movement skills at a developing level. Perform body actions with some control and co-ordination.	Perform fundamental movement skills at a developing level and start to master some basic movements in travelling skills. Perform body actions with some control and co-ordination.
Developing physical skills	 Shape – wide, thin Travelling (feet) jog, skip gallop, hop, walk forward, walk backwards Travelling (hand and feet) – frog, bunny, crab, bear, caterpillar, crocodile, monkey etc. Balancing – front support, balance on 4 and 3 points, large body parts, tummy, back, bottom, shoulder Jumping and landing 2-2 for height Rolling – Rocking on back, pencil, egg rolls Apparatus 	 Shape – wide, thin dish arch tuck Travelling (feet) jog, skip gallop, hop, walk forward, walk backwards Travelling (hand and feet) – frog, bunny, crab, bear, caterpillar, crocodile, monkey etc. Balancing – front support, balance on 4 and 3 points, large body parts, tummy, back, bottom, shoulder Jumping and landing Rolling – Rocking on back, pencil, egg rolls, dish roll, teddy/circle roll, forward roll Apparatus
Application of skills through core tasks	The making shapes core task involves children on floor, mats and apparatus by linking two gy jumping. The children begin by developing a sea mat, performing an action towards the mat a transfer their work to apparatus, either performand one on apparatus. The "families of actions" core task involves child sequence on floor, mats and apparatus of 4 actions.	knowing how to create a gymnastic sequence mnastic shapes through rolling, travelling or equence on floor and mats, starting away from and then an action across the mat. They then ming two actions on apparatus or one on floor ldren knowing how to create a gymnastic tions by linking a roll, a balance, a jump and a

	apparatus. They link the four actions together smoothly, choosing one action from each family of actions. The balance focus is large body parts.
Character education	Resilience, perseverance co-operation, courage.

Progressions in Gymnastics KS2

	Year 3	Year 4	Year 5	Year 6
Aim of Gymnastics	of their movement (by stretching fingers, pointing toes etc.) to produce extension developing control and precision. They will extend their range of actions, balances, body shapes and agilities, working towards more difficult combinations. The children will work in pairs using matching and mirroring to plan and perform sequences.		Children will develop a wider range of actions and use their skills and agilities individually and in sequence with a partner, showing as much control and precision as possible. They will create longer sequences using their knowledge of compositional principles with a partner to perform paired balances for an audience They will choose their own apparatus and design a simple layout.	
Progression of performance Skills	Master most fundamental skills from KS1 and start to develop sport specific skills and perform them with some accuracy and extension.	Master fundamental movement skills and start to develop sport specific skills and perform them with consistency, accuracy and some control.	Continue to develop sport specific skills and perform them with consistency, accuracy, confidence and control.	Continue to develop sport specific skills and perform them with consistency, accuracy, confidence, control and speed.
Developing physical skills	 Travel Balance – small body parts Jump Rolling Apparatus (see Y2 for range) 	 Travel Balance – large body parts, small body parts, dish/ arch, 1 foot balance Jump using different shapes when jumping, ¼ and ½ turn Rolling (basic rolls) Apparatus 	 Travel Balance – partner balance Jump using different ways of jumping and landing with shape Rolling (basic rolls) Apparatus 	 Travel Balance – partner balance and group balance Jump using different ways of jumping and landing with shape Rolling (basic rolls) Apparatus

Application	The balancing act core task involves children	The acrobatic gymnastics core task involves
of skills	creating a gymnastics sequence with 6	children repeating and performing a paired
through	actions on floor, mats and apparatus. The	sequence on floor, mats and apparatus that
core tasks	children develop a sequence on the floor and	include 3 basic acrobatic balance (a part
	mats, before transferring it to apparatus. The	weight baring balance, counter-tension, a
	sequences should focus on small body part	counter balance and up to 6 other actions.
	balances, linked through travelling, rolling	
	and jumping and must show different levels	The group dynamics core task involves
	and a change in direction.	children working in groups of 4 -6 to create
		and perform a sequence that shows their
	The partner work, core task - this involves	knowledge of gymnastic actions and
	children creating a sequence on floor, mats	compositional phrases. These sequences are
	and apparatus focussing on how they work	then developed on the floor and mats before
	with a partner.	adapting it to incorporate apparatus.
Character	Trust, Courage, Evaluation, Self –Motivation, Pr	roblem solving, Communication, Responsibility,
education	Resourcefulness.	

Progressions in Invasion Games KS1

	Year 1			Year 2		
Aim of Games	Children develop basic game-playing skills in particular the FMS of throwing and catching. They play games based on net games and striking and fielding games. They have an opportunity to play 1 against 1, 1 against 2 and 1 against 3			GAMES. They perchoices and decay avoid opponent points. They witheir FMS and tothers. They w	prove and apply to lay games that do its is now to its, keep the ball all continue to prayechniques, using all also develop arous simple concept	emand simple use space to nd score and refine them to outwit n early
Performance of skills - progression	Perform fundamental skills at a developing level Travelling skills Sending skills Receiving Skills				nental skills at a c ster some basic n	
Developing Physical skills Lancashire Scheme (on a rolling program across the year groups)	Side gallop underarm throw Running	Rolling a ball Bounce a ball Catch a ball Running	Overarm throw Running	Underarm throw Catching Running Dodging	Throw Catch Strike a ball Side gallop	Strike a ball off a tee Strike with a drop feed Catch Overarm throw

Application of	10 point hoop			Piggy in the		
skills through	core task			middle core		
Lancashire Core				task		
task	Knowledge –	Knowledge –	Knowledge –		Knowledge –	Knowledge -
	To use a	To use a	To use a	Knowledge –	To use a	To use a
	simple tactic	simple tactic	simple tactic	Use a simple	simple tactic -	simple tactic –
	(feint pass)	(look one	(throw away	tactic (move	throw the ball	strike the ball
		way/roll	from the	into space to	into a space	away from
		another	fielders)	receive a ball/	away from an	fielders
				pass to a	opponent	
				player in a		
				space		
Character						
Education						

Progressions in Invasion Games KS2

	Year 3	Year 4	Year 5	Year 6				
Aim of invasion	Children learn to	Children continue to	Children learn how	Children will improve				
Games – Children are	apply their	learn simple	to work well as a	defending and				
thinking about how	understanding and	attacking tactics	team when attacking	attacking play. They				
to use skills,	skills from KS1.	using a range of	and explore a range	start to play even				
strategies and tactics	Children will then	equipment and sport	of ways to defend.	sided mini versions				
to outwit opponents.	improve their	specific skills.	They play uneven	of invasion games.				
	accuracy in throwing	They play small	sided games.					
	and catching, and	uneven sided games		In all games				
	learn new sport-	and think about how	They learn a wider	activities, children				
	specific techniques.	to use skills,	range of sport	think about how to				
		strategies and tactics	specific techniques	use skills, strategies				
		to outwit the	for passing, dribbling	and tactics to outwit				
		opposition. In	and shooting. They	the opposition. In				
		invasion games they	learn to apply the	invasion games they				
		enter their	basic principles for	enter their				
		opponents territory	attacking and	opponents territory				
		with the ball and try	defending.	with the ball and try				
		to get into good		to get into good				
		positions for		positions for				
		shooting or reaching		shooting or reaching				
		the goal.		the goal.				
Progression of skills	Master most	Master fundamental	Continue to develop	Continue to develop				
	fundamental skills	movement skills,	sport specific skills	sport specific skills				
	from KS1 and start to	develop sport	and perform them	and perform them				
	develop sport specific	specific skills and	with consistency,	with consistency,				
	skills and perform	perform them with	accuracy, confidence	accuracy,				
	them with some	consistency and	and control.	confidence, control				
	accuracy.	accuracy.		and speed.				
Development of skills	Invasion games skills th	~	Invasion games skills t	_				
across a 2 year rolling		ng/ dodging/ chest	Netball – running/ dod					
programme	pass/bounce pa		bounce pass/ catching	/shoulder pass/				
		g/ dodging/ swing	shooting					
	pass/ catching a	a ball	Rugby – running/ dodging/ swing pass/					
			catching ball/ kicking a ball					

	J. J. J.		Hockey – running/ push pass/ dribbling/ receiving a pass/ shooting	
Application of skills	Develop attacking skills in a 3v 1 invasion game Knowledge – to know to move into a space to receive a ball To pass a ball to a player in a space	Develop attacking skills in a 4 v 2 invasion game To move into space to receive a ball To feint or disguise a pass to outwit a defender.	Collaborate as a team and develop defending skills through modified versions of 5 v 3 5 v 4 invasion games. Knowledge — Attacking tactics — to use a range of passes. To pass ahead of supporting players. To get away from a defender to receive pass. Defending tactic — to close down space.	Apply attacking and defending skills through modified versions of 4v4 or 5v5 invasion games. Attacking tactics – to use a range of passes To get away from a defender to receive a pass. To send the ball wide or deep to supporting players. Defending tactic – To close down space, To intercept a pass.

Progressions in Athletics KS1

	Year 1	Year 2
Aim of Athletics	Children explore the FMS of running, jumping and throwing activities and take part in simple challenges and competitions. They experiment with different ways of travelling, throwing and jumping, increasing their awareness of speed and distance. In all athletic activities, children think about how to achieve the greatest possible speed, height, distance or accuracy.	
Progression of performance Skills	Perform fundamental movement skills at a developing level.	Perform fundamental movement skills at a developing level and start to master some basic movements.
Developing physical skills over a 2 year cycle	 Running Hopping Rolling a ball Jumping Underarm throw Overarm throw Push throw Jumping for distance 	
Application of skills through core tasks	The Honey pot Core task involves children running in different directions to pick up objects as quickly as they can.	

The Colour match	core task involves children throwing different pieces of equipment as
accurately as possi	ble in order to hit targets.

Progressions in Athletics KS2

	Year 3 /4	Year5/6
Aim of	Children should concentrate on	Children will focus on developing their technical
Athletics	developing good basic running,	understanding of athletic activity. They will learn
	jumping and throwing techniques.	how to set targets and improve their performance
	They will be set challenges for distance	in a range of running, jumping and throwing
	and time, which involve using different	activities.
	styles and combinations of running,	In running evets, they will run further in both
	jumping and throwing. Children will	sprints and distance runs. In throwing events,
	develop their technical understanding	they may throw heavier, larger implements
	across all areas of athletics. They will	(although modified equipment will still be used
	also be encouraged to take more	with most of the children) In jumping events, they
	responsibility for designing, organising	will explore how their run-up affects jumping for
	and judging athletic events.	height and length.
Progression of	Master fundamental movement skills	Continue to develop athletic specific skills and
performance	and start to develop athletic specific	perform them with consistency, accuracy,
Skills	skills, performing them with	confidence, control and speed.
	consistency and accuracy.	
Developing	Throwing – push/ pull and sling	Throwing- push pull sling and heave
physical skills	Hop step and jump	Jumping and landing in different ways
over a 2 year	Combination of jumping actions	Running for short and long distances
cycle		Passing a baton in a relay
Application of	Take Aim- This core task involves	Three run – children select ways of running as far
skills through	children trying to score as many points	as possible for 3 different time lengths.
core tasks	as possible by throwing different	
	pieces of equipment at targets using	Three jumps – children select and perform three
	sling, push and pull throws.	consecutive jumps with the aim of travelling as far as possible.
	Furthest five – children use a run up	'
	and perform the 5 basic jumps	Three throws – children try to score as many
	consecutively to reach the furthest	points as possible by throwing different pieces of
	distance possible. The children groups	equipment for distance using 3 different types of
	of 3: a jumper, a measurer and a	throws.
	coach.	
	Pass the baton – children run in a relay	
	and try to complete as many laps of	
	the track as possible in 3 minutes.	
Character	Resilience, evaluation, self-motivation a	ind determination
education		

Progressions in Creative and Target

Games KS2

	Year 3 / 4 - Creative tag and target games	Year 3 /4 Boccia	Year 5/6 Dodgeball	Year 5/6 creative game
Aims of the target games	This unit lays foundation for children understanding how games work through designing their own tag and target games. Children will improve their FMS and start to understand how to design their own game.	In this unit, children will learn how to apply simple tactics in a range of target games using a range of equipment.	In this unit, the children will learn how to apply simple tactics in a range of target games. The children will learn how to play the target game of dodgeball.	In this unit, children will apply their knowledge of invasion games and create their own games which follow invasion principles.
Progression of performance of skills	Master most fundamental skills from KS1 and start to develop sport specific skills and perform them with some accuracy.	Master fundamental skills and start to develop sport specific skills performing those skills with consistency and accuracy.	Continue to develop sport specific skills performing those skills with consistency, accuracy, confidence and control.	Continue to develop sport specific skills performing those skills with consistency, accuracy, confidence, control and speed.
Developing skills through the Lancashire Scheme	Dodging Catching Underhand throw Rolling a ball Overhand throw	Propelling a ball Rolling a ball Underarm throw	One handed throw Catching Dodging	A range of sending and receiving skills
Application of skills through the Lancashire Scheme	Creative tag and target game. Use throws to hit a target – the targets get a point if they catch the ball (leading towards dodgeball).	Boccia 12s. Use knowledge – to apply tactics (throw near to the jack, block the jack and knock the opponents ball out of the way or away from the jack).	Use knowledge to apply tactics (keep a ball to defend with, communicate with team mates so 2 or more children throw balls at opponents).	'Call the shots' core task. Set up equal sided invasion games, creating rules and scoring method Knowledge – to know a range of tactics without the ball, with

		equipment and to know a range of defending tactics.
Character Education	Co-operation reflection respect	Self-discipline, respect, decision making, evaluation

Progressions in Outdoor Adventurous Activities KS2

	Year 3	Yea r4	Year 5	Year 6
Aims of	Children will take	Children will be	Children will develop	Children will take
Outdoor	part in simple trust	presented with	their orienteering	part in more complex
Adventurous	and orientation	physical challenges	and problem solving	orienteering events.
activities	activities using maps	and problems to	skills in familiar and	They will learn to
	and diagrams.	solve. They will take	unfamiliar situations	read maps more
	Working on their	part in a range of	and environments.	accurately and to
	own and in small	communication	Throughout, there is	adapt their skills to
	groups children will	activities to develop	an emphasis on	meet challenges set
	learn to use simple	problem-solving skills	building trust and	in new environments.
	maps and follow	in some adventure	working as a team.	They will research
	simple trails.	games.		and undertake a
		The problem solving		journey safely, and
		tasks they tackle will		will develop the skills
		require team-work,		and understanding to
		with clearly defined		become more self-
		roles and		reliant. They will
		responsibilities.		take on more
				demanding
				leadership roles and
				will learn to take the
				initiative more often.
Progression	Master most	Master fundamental	Continue to develop	Continue to develop
of	fundamental skills	skills and start to	sport specific skills	sport specific skills
performance	from KS1 and start to	develop sport specific	performing the skills	performing the skills
of skills	develop sport	skills performing the	with consistency,	with consistency,
	specific skills and	skills with consistency	accuracy, confidence	accuracy, confidence,
	perform them with	and accuracy.	and control.	control and speed.
	some accuracy.			

	T	T		
Developing	Orientate a map.	Travel and balance	Know how to keep	To set a map using a
skills	Use a control card	safely when carrying	the map set or	compass.
through the	Navigate a course	out challenges.	"orientated" when	To practise and refine
Lancashire	safely.	Demonstrate team-	they move around a	thumbing the set
Scheme		work skills during	simple course.	map.
		planning, doing and	Know the 8 points of	To set direction of
		reviewing.	the compass.	travel using a
			Record information	compass.
			accurately at the	To follow instructions
			control marker.	in order to complete
			Navigate to a control	an orienteering
			marker.	course.
Application	Complete the	To complete a series	Working in pairs or	Take part in different
of skills	counting cones	of challenges	small groups	competitive
through the	challenge.	(crossing the swamp,	complete an	orienteering
Lancashire	To know where they	millipede carry,	orienteering course	activities, balancing
Scheme	are on a map using a	shepherd and sheep,	using a map.	speed and accuracy.
	variety of different	electric fence and		
	routes.	hula hut challenge).		
Character	Trust, self-discipline, communication,		Respect, co-operation,	communication
Education	resilience			
	Problems solving			

Progressions in Net and Wall

Games KS2

	Year 3	Year 4	Year 5	Year 6
Aims of striking and fielding	Children will learn how to hit or strike the ball so that they can score runs in different ways. When fielding, they learn how to work together to keep the batters scores down. Players learn to strike a ball and try to avoid a ball and try to avoid fielders so that they can run around bases to score runs.		Children will develop the range and quality of their skills and understanding. They learn how to play the different roles of bowler, backstop, fielder and batter. Children will focus on developing their technique and using a wider range of shots, working in larger teams for some of the time. They will concentrate on developing their bowling technique and using tactics as a fielding team.	
Progression of performance of skills	Master most fundamental skills from KS1 and start to develop sport specific skills and perform them with some accuracy.	Master fundamental movement skills and start to develop sport specific skills performing them with consistency and accuracy.	Continue to develop sport specific skills and perform with consistency, accuracy, confidence and control.	Continue to develop sport specific skills and perform the with consistency, accuracy, confidence, control and speed.

Developing	Bowl underarm	Bowl underam
skills	Strike a ball off a tee Perform a straight drive	Bowel overarm
through the	Catch a ball	Strike a ball off a tee
Lancashire	Field a ball and return it quickly	Strike a bowled ball
Scheme	,	Catch a ball
		Field a ball and throw back overarm
Application	Rounders Type Game	Rounders
of skills	Striking a ball and running between bases	9v9 level 1 competition within class.
through the	and fielders trying to retrieve throw and	Knowledge
Lancashire	catch the ball quickly and accurately.	Batters/striker –To run as quickly as possible
Scheme	Knowledge	between bases hit the ball into a space away
	Batters/striker – hit the ball into a space	from the fielders.
	away from the fielders.	Fielders – Retrieve the hit object as quickly as
	Fielders – Judge which direction the ball is	possible to limit runs scored.
	going to be hit, and try to intercept it.	<u>Cricket</u>
	Cricket type game	Level 1 competition
	Batters try to score points by striking the ball	Pairs to score as many runs as possible.
	and running between wickets. Fielders	Knowledge – Batters/Strikers – run as quickly
	retrieve, throw and catch the ball quickly.	as possible and strike the ball into a space
	Knowledge	away from fielders.
	Batters/Strikers – run as quickly as possible	
	and strike the ball into a space away from	Fielders judge where the ball is going to be
	fielders.	hit, retrieve the ball and return as quickly as
	Fielders judge where the ball is going to be	possible.
	hit and try intercept it.	
Character	Communication evaluation	Encouragement decision making evaluation
Education		