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|  | Autumn 1 | | Autumn 2 | | Spring 1 | | Spring 2 | | Summer 1 | | Summer 2 | |
| Nursery | FMS – Elmer | | | | FMS How to catch a star | | | | FMS Rumble in the jungle | | | |
| Reception | FMS (Jump, catch, hop, throw, climb) | | FMS Rosie’s Walk  Different methods of travel | | FMS Space  Travel, Climb, throw, Roll | | FMS Castles  Throw roll jump climb | | FMS Minibeasts  Throw jump catch roll climb travel | | FMS Superworm  Jump Travel Catch Climb | |
| KS1 Cycle A | Gymnastics  Activity 1 | FMS Baseline  Lost and Found | Dance –Fire Fire | FMS Rolling a ball | FMS Catching and Bouncing a ball | Dance Toy Story | Gymnastics  Activity 2 | FMS  Underarm throw | FMS  Overarm throw | Athletics | FMS Assessment | FMS Bounce Ball |
| KS1 Cycle B | Games  Piggy in the Middle | OAA The Great Outdoors | FMS Kicking unit | Dance Three Little pigs | Dance  Explorers | Games  Net and Wall | Games Striking and Fielding | Gymnastics activity 2 | Athletics | FMS  Playground games of 20th century | Dance  Seaside | End of KS Assessment |
| LKS2 Cycle A | Gymnastics Activity 1 | OAA Trust and Trails | Invasion Games  Netball | Gymnastics 2 | Invasion Games  Handball | Dance Rock and Roll | Dance Superheroes | Invasion Games  Rugby | Athletics | Dance The Great Plague | Net and Wall Taks1 | Striking and Fielding Rounders |
| LKS2 Cycle B | OAA Team Work and Problem Solving | Gymnastics 1 | Invasion Games  Basketball | Gymnastics 2 | Invasion Games Handball | Target Games Dodgeball | Invasion Games Rugby | Dace Myths and Legends | Target Games  Boccia | Net Wall Task 2 | Striking and Fielding Cricket | Athletics |
| UKS2 Cycle a | OAA Team Building | Dance Heroes and Villains | Gymnastics 1 | Invasion Games Netball | Gymnastics 2 | Invasion Games Rugby | Dance Robin Hood | Invasion Games Hockey | Net Wall Tennis | Dance Food Glorious Food | Striking and Fielding Cricket | Athletics |
| UKS2 Cycle B | Gymnastics 1 | OAA | Gymnastics 2 | Invasion Games Hockey | Invasion Games Rugby | Dance Earthlings | Dance Highway Man | Net Wall Badminton | Striking and Fielding Rounders | Creative Games | Dance  Seaside | Athletics |