

St Stephen's PSHE Scheme of Work

Staff Workshop 10.9.2020.

From 2020, the following subjects will become compulsory in applicable schools in England.

- relationship education in primary schools
- relationship and sex education in secondary schools
- health education in state funded primary and secondary schools

These subjects will support all young people to be happy, healthy and safe. Equipping them for life as an adult in British society.

Some primary schools currently choose to teach sex education. This is not compulsory and will not become compulsory as part of the new curriculum.

School must publish policies for these subjects online and make them available to anyone free of charge. Schools should also share examples of resources, for example books and [information leaflets](#), to help them engage and consult with parents.

Some parts of the new curriculum, as with the current curriculum, are compulsory. These are part of the national curriculum for science. Parents can withdraw their children from all other parts of the sex education lessons if they want.

[The complete DFE Guidance on the Teaching of PSHE can be found here:](#)

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/908013/Relationships_Education__Relationships_and_Sex_Education__RSE__and_Health_Education.pdf

Diocesan Guidance

As a school with Church of England status, we have a duty to offer a curriculum which supports the values of the Christian Faith. Blackburn Diocese have supported schools to develop their PSHE schemes of work in line with DFE guidance and the Equality Act of 2010.

In 2017, the Church of England produced the booklet "Valuing All God's Children" and where the Archbishop of Canterbury states in the forward, "Central to Christian theology is the truth that every single one of us is made in the image of God. Every one of us is loved unconditionally by God. We must avoid, at all costs, diminishing the dignity of any individual to a stereotype or a problem". The booklet recommends that schools should ensure that the Christian ethos is inclusive. It recognises the Equality Act of 2010 and the duty to ensure schools tackle all forms of bullying and which includes homophobic, biphobic and transphobic bullying. Our scheme of work contains a strand which teaches inclusivity and an acceptance of diversity. If stereotypical remarks or views are exposed, then this would be challenged as per the expectation of our behaviour policy and responses to the equality act.

Due to the Lockdown, DFE gave schools a period of extension to prepare to deliver their PSHE curriculum and to carry out a consultation process. The materials are now ready to teach and the curriculum must be taught by the start of the Summer Term at the latest.

From 1 September 2020 to the end of the spring term 2021	Following an assessment of preparedness, schools should commence teaching as soon as practically possible or use the time to prepare to deliver the new curriculum. This includes engaging parents on their policy as well as planning their curriculum provision.
By the start of the summer term 2021	All schools should have begun teaching the subjects.

Where we are now:

The Scheme of Work has been developed using elements from the “Scarf Materials” from Corum Education. Many Primary Schools use these materials. The draft policy is available to read and the policy and scheme are ready for governor approval in October.

Parents will be consulted on the scheme and policy during this term. The Sex Education elements are highlighted in yellow on the plan and this will not be taught until Governors have reapproved the policy. Parents in Primary School have a right to withdraw pupils from these lessons. Parents cannot withdraw children from Relationships and Health Education. A school community will have a range of views and perspectives on what is taught to children. However, the school’s policy must address the recommendations defined by DFE and comply with the Equality Act 2020. The Scheme of Work has been designed to allow pupils to develop their personal and social skills, understanding more about themselves and their communities, learn strategies to keep themselves safe and healthy as well as to challenge stereotypes and all forms of bullying. We want our children to thrive and to live harmoniously in society.

Whole school overview

	Me and my relationships	It's good to be different	Keeping safe	Responsibilities and rights	Being the best I can be	Growing and changing
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	All about me, what makes me unique, me and my special people, people who help me, my feelings	We are all special, we are the same but different, families, homes, friendship	Body safety, medicine safety, safety inside and outdoors, feelings, online safety, helpers.	Taking care of each other, my friends, helping others, helping the world, money matters	Having a growth mindset, be a tryasaurus, eatwell, get moving, a good night's sleep.	Changing seasons, life cycles, we grow and change too, getting bigger
KS1 A	Our school rules, how are you feeling? Inside feelings and outside	Similarities and differences, unkind, tease or bully, saying thank you, fair or not?	Being healthy, lost and found, medicine safety, the PANTS rule	Healthy living, keeping our world healthy, money matters, basic first aid	Healthy eating, killing germs, we all need encouragement,	Inside my body, what babies need, helpers

	feelings, special people in my life, my friends					
KS1 B	Our class, feelings, words can hurt, friends	This is me, special people, I for include, being kind, R is for respect	Medicine safety, feeling safe, it's ok to say no, secrets	Feeling angry, caring for our world, money, money, money	P is for persevere, choices, keeping clean, smile, my amazing body on the move, inside my body	Lost, then and now, keep it private, basic first aid
Lower KS2 A	Rules for living, losses and changes, my special people, conflict resolution, friendships	Friends and family, belonging, R for respect, love your neighbour	Safety sense, risk taking, helpful or harmful	Valuable volunteers, caring for the environment, spending and saving money, first aid	Choices, aspire to greatness, eatwell	My support network, personal space, secret or not?
Lower KS2 B	My feelings, Positive, healthy relationships, teamwork, feeling the pressure	Compromise and negotiation, keep your distance, it is ok to be different, being the real me,	Keeping safe, dares, medicine safety, choices	Rules, rights and responsibilities, Being a bystander, my community, income and expenditure	Healthy eating, eco friendly, our Broadgate community	Change and loss, secrets and surprises, communicating my feelings, basic first aid
Upper KS2 A	Teamwork, resolving conflict, friendships, healthy relationships, being assertive, our emotional needs, online safety	Friendships, the importance of good listening, discrimination, tolerance and mutual respect, being yourself, our reactions to different situations	Habits, taking risks, dealing with bullying, dares, healthy lifestyle- drugs, the effects of smoking, danger-hazard-risk	Media influence, rights and responsibilities, our community, managing money, borrowing and lending, democracy	Healthy living, strengths and talents, being independent, body image, basic first aid awareness	Resilience, feeling safe, everything changes, puberty, Y6 body changes, Y6 human reproduction, actions and consequences, confidential, stereotypes
Upper KS2 B	Teamwork and cooperation, conflict resolution, friendships and	Tolerance and respect, being different, showing respect,	Internet safety, sharing information, emotional needs,	Media influence, social media, money and saving, taxes,	Wellbeing/aspiration, debates and discussions, risk taking 1 and 2, first aid	Managing change, body image, media influence, being yourself,

	falling out, building self esteem, positive feelings and relationships, healthy relationships, keeping safe online	tolerance in the community, positive friendships, stereotypes	Drugs-rules and laws 1 and 2, alcohol-what is normal?	community groups, democracy 1, democracy and laws		puberty, Y6 body changes, Y6 human reproduction, secrets and support networks
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****THESE LESSONS ARE SEX EDUCATION LESSONS CHALLENGING STEREOTYPES AND TEACHING ANTI-BULLYING STRATEGIES ARE HERE**

Intent

Through personal, social, health, and economic education we aim to develop pupils' knowledge of different people in the world, in modern Britain, in the local area and in the school. The programmes of study have been built to increase pupils' understanding of diversity as well as an understanding how to build relationships. High-quality PSHE education is vital to give pupils the skills need to be active citizens in the future.